

Training and Consultancy

We offer Domestic Abuse training to build an informed and skilled community, ensuring DA victims get the right help as early as possible.

Including:

- Ambassador Training
- DASH Masterclass
- DA Awareness for charities
- The Impact of DA on Children/Young People
- Training for businesses
- DA Policy support

About Us

We have a number of specialist teams working to reduce domestic abuse and improve safety and well-being for victims/survivors and their children. This includes working with schools, with businesses, with other agencies such as the police, as well as with perpetrators who want to change.

Our Mission

We are committed to effecting change in society to create safer futures free from Domestic Abuse. With an integrated approach built on innovation, we will be at the forefront, leading progressive societal change through prevention, education and awareness-raising.



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The logo for Swindon Women's Aid, featuring the letters 'SWA' in a stylized, handwritten green font.

**Swindon Women's Aid
(Swindon Domestic Abuse
Support Service)**

OPEN²CHANGE

HEALTHY RELATIONSHIP PROGRAMME

Behaviour Change: The Open2Change team provide early intervention and prevention support to those who recognise and want to change their abusive behaviour.

By exploring current or historic behaviour, Behaviour Change Workers enable positive change in people who use abusive or unhealthy behaviours to a partner, former partner or family member.

Partner Link: offering support to the current or ex-partners of individuals engaged on a behaviour change programme. This can range from light touch telephone contact, to regular emotional support, to a fully aligned programme of 1:1 support.

Working closely with the behaviour change worker ensures that risk can be assessed and managed for both the victim and their children.



Group Recovery Programmes

We deliver a variety of free group recovery programmes for both adults and children. These include:

Recovery Toolkit-Emotional recovery from the impact of domestic abuse for both adult and child survivors

The Freedom Programme: Explores the dynamics of abuse to support and empower victims and survivors

Route 66: Supports survivors of domestic abuse who are looking to get back into work, education or working for themselves.

Helping Hands: For younger children impacted by DA.

Children and Young People's Outreach

We offer support to children and young people aged 5-18 years via 1-1 and group sessions. We will arrange to meet with you and your child at their school or other confidential setting to discuss the most appropriate support.

The work encompasses:

- Managing difficult emotions such as anger and anxiety
- Helping children to make sense of their experiences & cope with change
- Developing healthy coping strategies & problem-solving skills to build resilience
- Exploring behaviours in relation to what they have experienced
- Healthy friendship & relationships awareness
- Encouragement to pursue interests and develop confidence and self-esteem
- Helping children to feel safe



The Hope Award

A new and innovative project which awards schools for their commitment to tackling DA and creating a safe space for families through training, early intervention/support and healthy relationship education.

The Aims:

- A knowledgeable workforce
- Support when it's needed most
- Safe spaces to talk and share
- Prevention through education
- Improving outcomes for children and young people