



Covingham Park Primary School

Young Carers Policy

Our vision is to provide every child with an outstanding start to their education which will equip them with the necessary skills to meet future changes and challenges throughout their life.

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Next Review Date: Spring 2025

At Covingham Park Primary School we believe that all children and young people have the right to an education, regardless of their home circumstances.

We acknowledge that there are likely to be young carers among our pupils, and that being a young carer can have an adverse effect on a young person's education.

We have adopted our young carers policy so that we will be able to relieve some of the worries, which young carers may have about home and their school work, and show that we believe young carers' education is important.

Who are Young Carers?

Young carers are children and young people whose lives are affected by looking after someone at home. They are carrying out tasks and responsibilities, which are additional to those appropriate for their age. The person they look after may have one or more of the following:

- Physical disability
- Mental health issues
- Learning difficulties
- Alcohol or drug misuse
- Long-term illness

The person they care for may be a parent, sibling, or grandparent and the care they give may be physical and/or emotional.

Young carers' responsibilities may include:

- Personal care (e.g. bathing, dressing, feeding)
- Giving or prompting medication/injections
- Shopping
- Housework
- Emotional support
- Looking after younger siblings
- Budgeting and paying bills

Young carers can feel tired, worried and isolated. Their social life is often restricted with few opportunities for fun and after school activities.

Factors which may indicate that a young person is caring include:

- Illness or disability in the family
- Being late or absent (due to caring responsibilities at home)
- Assuming a parental role to other siblings
- Poor concentration and/or often tired
- Academic performance below potential
- Homework often uncompleted

- Isolation from peers or problems interacting with peers
- Not making use of out of school activities
- Mature and responsible but maybe 'letting go' and behaving immaturely when in a safe environment
- Behavioural problems
- Limited contact with school by parents
- Being bullied

If we suspect that someone is a young carer we will be sensitive when we approach them about this, as we appreciate they may not want their peers to know. Before passing this information on to relevant colleagues we will obtain the consent of the young carer.

Support Offered

As a school we will:

- Designate a member of staff with specific responsibilities for young carers. This person is a member of staff trained in nurture and SENDCO. We will make sure all pupils know who this is
- Offer sessions on young carers in PSHE lessons
- Give information to the young person about young carers and what information and support is available
- Liaise with appropriate agencies i.e. Swindon Young Carers
- Consider alternatives and be flexible when responding to the needs of young carers. This may include (but is not limited to) access to a telephone at break times, negotiable deadlines for homework or opportunities to do homework at lunch times or in Homework club.
- Fortnightly Young Carers session offering the chance to socialise with other young carers, receive pastoral support as needed and enjoy relaxing activities away from the worries of their caring role.